

Building Trades National Medical Screening Program

1-800-866-9663

Medical History Questionnaire

Name: _____

Address: _____

City: _____ State: _____ Zip _____

Phone Number (include Area Code): _____

Email Address: _____

Social Security # (last 4 numbers) XXX-XX- _____ Date of Birth _____

Family Medical History

Family Physician Name: _____

Address: _____

City: _____ State _____ Zip _____

Family Physician Phone (include Area Code) _____

Race (Check One Only)

White _____ Black _____ Hispanic _____ Asian/Pacific Islander _____

Aleutian Alaskan/Native American _____ Other _____ If other is checked, state here: _____

Sex

Male _____ Female _____

Height _____ Weight _____

If female, are you or could you be pregnant? Yes _____ No _____

Note: This program is conducted in compliance with all laws and regulations regarding civil rights. Your race, age, and sex are required to determine the results of various laboratory tests that vary from normal ranges and for no other purpose and will be kept strictly confidential on your medical record.

I. Personal History

A. Please indicate if you have ever been told by a doctor that you have any of the following cancers:

| | Yes | No | Don't know |
|--|-----|----|------------|
| Leukemia | | | |
| Acute myelogenous leukemia | | | |
| Chronic myelogenous leukemia | | | |
| Acute lymphocytic leukemia | | | |
| Chronic lymphocytic leukemia | | | |
| Multiple Myeloma | | | |
| Hodgkin's Disease | | | |
| Non-Hodgkin's Lymphoma | | | |
| Bone cancer | | | |
| Lung cancer | | | |
| Thyroid cancer | | | |
| Kidney cancer | | | |
| Cancer of the ureters | | | |
| <i>Bladder cancer</i> | | | |
| Brain cancer | | | |
| Breast cancer | | | |
| Esophagus cancer | | | |
| Stomach cancer | | | |
| Colon or other Intestinal cancer | | | |
| Pancreatic cancer | | | |
| Liver cancer | | | |
| Cancer of Gall Bladder or Bile Ducts | | | |
| Cancer of the mouth, head or neck | | | |
| Pharyngeal cancer | | | |
| Salivary gland or parotid gland cancer | | | |
| Other type, list if possible: | | | |
| Ovarian cancer | | | |
| Uterine cancer | | | |
| Cervical cancer | | | |
| Testicular cancer | | | |
| Prostate cancer | | | |
| Skin cancer (basal cell or squamous) | | | |
| Skin cancer (Melanoma) | | | |
| Other cancer, list name: | | | |

B. Please indicate if you ever had any of the following medical conditions:

| Condition | Yes | No | Don't know |
|--|-----|----|------------|
| Diabetes | | | |
| Beryllium Sensitivity | | | |
| <i>Chronic Beryllium Disease</i> | | | |
| Silicosis | | | |
| Asbestosis | | | |
| Another lung problem (what is it?) | | | |
| High Blood Pressure | | | |
| Kidney Disease | | | |
| Thyroid disease | | | |
| Muscle Disease | | | |
| Mercury, lead or other metal poisoning | | | |
| Solvent poisoning | | | |
| Other** | | | |

**If "Other" is checked, please name the condition in the space allowed. Use the lines below if you need more room.

1. Is your mother currently living? ___Yes ___No ___Don't Know
 - a. Age if living: _____
 - b. Age at death: _____ c. Cause of death _____

2. Is your father currently living? ___Yes ___No ___Don't Know
 - a. Age if living: _____
 - b. Age at death: _____ c. Cause of death _____

Have you had your flu vaccine? ___Yes ___No If yes, when did you have it? Year _____

Have you received the COVID-19 vaccine? ___Yes ___No ___Doesn't Plan to ___Declined to Answer

If yes, have you received a booster? ___Yes ___No
 If yes, how many? _____

Have you ever been diagnosed with COVID-19? ___Yes ___No

If yes, date of diagnosis: Month: _____ Year: _____

Medication History

Please list your present medications:

C. Have you ever had surgery for any of the following areas?

| Area | Yes | No | If Yes, Date |
|--------------------------|------------|-----------|-------------------------|
| Abdomen | | | |
| Back | | | |
| Bones or joints | | | |
| Chest | | | |
| Eye | | | |
| Head, neck, thyroid | | | |
| Heart | | | |
| Kidney, bladder, urethra | | | |
| Liver | | | |
| Lung, breast | | | |
| Rectum | | | |
| Other: | | | |

If you have had surgery for any of the above conditions, please describe in more detail (diagnosis, reason for surgery)

II. Medical History

A. Cardiovascular

| | Yes | No |
|----------------------------------|------------|-----------|
| Congestive Heart Failure | | |
| Heart Attack | | |
| Abnormal stress test | | |
| Blood clots in veins | | |
| Irregular heartbeat | | |
| Chest pain on exertion | | |
| Chest pain at rest | | |
| Swelling in legs | | |
| Heart murmur | | |
| Short of breath when lying down | | |
| Awaking at night short of breath | | |

B. Respiratory

1. Have you ever had any of the following:

| | Yes | No |
|---|-----|----|
| Attacks of bronchitis? | | |
| Was it confirmed by a doctor? | | |
| a. At what age was your first attack? Age: _____ Don't know: _____ | | |

| | Yes | No |
|---|-----|----|
| Pneumonia (including bronchopneumonia)? | | |
| Was it confirmed by a doctor? | | |
| b. At what age did you first have it? Age: _____ Don't know: _____ | | |

| | Yes | No |
|--|-----|----|
| Hay fever? | | |
| Was it confirmed by a doctor? | | |
| c. At what age did it start? Age: _____ Don't know: _____ | | |

| | Yes | No |
|--|-----|----|
| Chronic bronchitis? | | |
| Do you still have it? | | |
| Was it confirmed by a doctor? | | |
| d. At what age did it start? Age: _____ Don't know: _____ | | |

| | Yes | No |
|--|-----|----|
| Emphysema? | | |
| Do you still have it? | | |
| Was it confirmed by a doctor? | | |
| e. At what age did it start? Age: _____ Don't know: _____ | | |

| | Yes | No |
|-------------------------------|-----|----|
| Asthma? | | |
| Do you still have it? | | |
| Was it confirmed by a doctor? | | |

f. At what age did it start? Age: _____ Don't know: _____

g. If you no longer have it, at what age did it stop? Age: _____ Don't know: _____

| | Yes | No |
|--------------------------------|-----|----|
| <i>Chest injuries?</i> | | |
| If YES, please specify: | | |

| | Yes | No |
|---|-----|----|
| Any other chest illnesses? | | |
| If YES, please specify: | | |
| h. When did you last have your chest x-rayed? | | |
| i. Where did you last have your chest x-rayed? | | |
| j. What was the outcome? | | |
| | Yes | No |
| k. If you get a cold, does it usually (i.e. more than half the time) go to your chest? | | |
| l. During the past three years, have you had any chest illnesses that have kept you off work, indoors at home, or in bed? | | |

Cough

| | Yes | No |
|--|-----|----|
| a. Do you usually have a cough? | | |
| b. If YES: Do you usually cough as much as two times a day 4 or more days out of the week? | | |
| Do you usually cough at all on getting up or first thing in the morning? | | |
| Do you usually cough at all during the rest of the day or at night? | | |
| | Yes | No |
| c. If YES to any of the above: | | |
| d. Do you usually cough like this on most days for 3 consecutive months or more during the year? | | |
| e. If YES: For how many years have you had the cough? _____ Years | | |

Phlegm

| | Yes | No |
|--|-----|----|
| a. Do you usually bring up phlegm from your chest? (Count phlegm with the first smoke or on first going out of doors. Exclude phlegm from the nose. Count swallowed phlegm.) | | |
| b. If YES: Do you usually bring up phlegm as much as twice a day 4 or more days out of the week? | | |
| Do you usually bring up phlegm at all on getting up or first thing in the morning? | | |
| Do you usually bring up phlegm at all during the rest of the day or at night? | | |
| c. If YES to any of the above: | | |
| d. Do you bring up phlegm like this on most days for 3 consecutive months or more during the year? | | |
| Have you had periods or episodes of increased cough and phlegm lasting for 3 weeks or more each year? | | |
| If YES: How long have you had at least one such episode per year? _____ Years | | |

| Does your chest ever sound wheezy or whistling: | Yes | No |
|---|-----|----|
| • When you have a cold? | | |
| • Occasionally apart from colds? | | |
| • Most days or nights? | | |
| If YES to any of these, how many years has this been present? _____ Years | | |

| | Yes | No |
|---|-----|----|
| Have you ever had an attack of wheezing that has made you feel short of breath? | | |
| If YES, • How old were you when you had your first such attack? _____ years | | |
| • Have you had 2 or more such episodes? | | |
| • Have you ever required medicine for these episodes? | | |

Breathlessness

| | Yes | No |
|---|-----|----|
| Are you troubled by shortness of breath when hurrying on the level or walking up a slight hill? | | |
| Do you have to walk slower than people of your age because of breathlessness? | | |
| Do you ever have to stop for breath when walking at your own pace on the level? | | |
| Do you ever have to stop for breath after walking 100 yards (or after a few minutes) on the level? | | |
| Are you too breathless to leave the house or breathless on dressing or climbing one flight of stairs? | | |

C. **Cigarette Smoking**

| | Yes | No |
|--|-----|----|
| Have you ever smoked cigarettes? (NO means less than 20 packs of cigarettes or 12 oz. of tobacco in a lifetime or less than 1 cigarette a day for 1 year.) | | |
| Do you now smoke cigarettes (as of one month ago)? | | |

If YES to either of the above questions:

| | Age | Don't Know |
|--|-----|------------|
| How old were you when you first started regular cigarette smoking? | | |
| If you have stopped, how old were you when you stopped completely? | | |
| | # | Don't Know |
| How many cigarettes did you or do you smoke per day? | | |
| On average of the entire time you smoked, how many cigarettes did you or do you smoke per day? | | |
| Do you or did you inhale the cigarette smoke? | | |
| ___Not at all ___Slightly ___Moderately ___Deeply | | |

If you still smoke:

| | Yes | No | Don't Know |
|--|-------------|----|------------|
| a. Would you like to quit? | | | |
| b. Have you tried to quit? | | | |
| | # of times: | | |
| c. If "yes" on b., How many times have you tried to quit? 1= Once 2= 2-6 times 3= 6-12 times 4=>12 times | | | |
| | Yes | No | Don't Know |
| d. Have you stopped smoking for >1 day during the past 12 months because you are trying to quit smoking? | | | |

If you smoked but have quit:

| | Yes | No | Don't know |
|---|-----|----|------------|
| a. Did you quit because you had a serious medical problem (such as a heart attack)? | | | |

If No or don't know to the above question:

| | Yes | No | Don't know |
|---|-----|----|------------|
| a. Did you quit on your own without any help? | | | |

If No or don't know to the above question:

| | Yes | No | Don't know |
|--|-----|----|------------|
| a. What kind of help did you use to quit? (check all that apply) | | | |
| 1. Advice from health care professional | | | |
| 2. Telephone counseling | | | |
| 3. Group sessions | | | |
| 4. Medications (patch/gum/Chantix/varenicline/Zyban/Wellbutrin/bupropion) | | | |
| 5. Electronic cigarettes (e-cigarettes) also known as Vaping? | | | |
| 6. Other (hypnosis/acupuncture, etc.) | | | |

D. *E-Cigarettes or Vaping*

| | Yes | No |
|---|-----|----|
| Have you ever used electronic cigarettes (e-cigarettes) also known as Vaping? | | |
| Do you currently use electronic cigarettes (e-cigarettes), Vaping? | | |

E. *Cigar and pipe smoking*

| | Yes | No |
|--|-----|----|
| Have you ever smoked a pipe or cigars? | | |
| Do you currently smoke a pipe or cigars? | | |

If YES to either of the above questions:

| | Number of years |
|--|-----------------|
| About how many years did you smoke a pipe or cigars? | |

F. Allergies

Are you allergic to any of the following:

| | Yes | No |
|-------------------|-----|----|
| Chemicals | | |
| Drugs | | |
| Dusts | | |
| Pollen or grasses | | |

If yes, please list specific allergies:

G. Alcohol History

| | Yes | No |
|--------------------------------------|-----|----|
| Never drink | | |
| Social drinker (1-6 drinks per week) | | |
| 1 or 2 drinks daily | | |
| 3 or more drinks daily | | |
| Recovering alcoholic | | |

H. Neurology

| | Yes | No |
|-----------------------------------|-----|----|
| Head injury | | |
| Emotional Irritability | | |
| Fainting spells | | |
| Memory loss | | |
| Severe dizziness | | |
| Headaches, frequent or severe | | |
| Sleep disorder | | |
| Speech difficulty | | |
| Tingling in hands or feet | | |
| Tremor | | |
| Psychiatric or Emotional Disorder | | |
| Stroke | | |
| Epilepsy, seizures | | |

I. Eyes

| | Yes | No |
|----------------|-----|----|
| Eye injury | | |
| Blurred vision | | |
| Cataracts | | |
| Double vision | | |
| Glaucoma | | |

J. Ears

| | Yes | No |
|---------------------|-----|----|
| Ear surgery | | |
| Hearing loss | | |
| Punctured eardrum | | |
| Ringing in the ears | | |
| Other ear diseases | | |

Do you have problems:

| | Yes | No | Don't Know |
|---|-----|----|------------|
| Hearing or understanding normal conversation? | | | |
| <i>Hearing in noisy areas?</i> | | | |
| Hearing at the movies or church? | | | |
| Hearing on the job? | | | |
| Do you have ringing in your ears? | | | |
| If you have problems, did your hearing change suddenly? | | | |
| Do you have vertigo, dizziness, or balance problems? | | | |
| Have you ever had a concussion or head injury? | | | |
| Is hearing loss hereditary in your family? | | | |
| Have you had your hearing evaluated before? | | | |
| Have you ever used a hearing aid? | | | |
| Have you filed a workers compensation claim for hearing loss? | | | |

K. Nose

| | Yes | No |
|---------------------|-----|----|
| Frequent nosebleeds | | |
| Loss of smell | | |
| Frequent sinusitis | | |

L. Mouth

| | Yes | No |
|---------------------------------------|------------|-----------|
| Bleeding or sore gums | | |
| Difficulty swallowing | | |
| Discoloration or white areas in mouth | | |
| Loss of taste | | |
| Persistent hoarseness | | |
| Sores in mouth | | |

M. Bones and Joints

| | Yes | No |
|--------------------------|------------|-----------|
| Bone infection | | |
| Bursitis | | |
| Gout | | |
| Herniated disc | | |
| Lumbar-sacral strain | | |
| Arthritis | | |
| Pains in arms and legs | | |
| Rheumatoid arthritis | | |
| Sciatica | | |
| Stiff muscles and joints | | |

N. Stomach/Intestines

| | Yes | No |
|--------------------------|------------|-----------|
| Bloody stool | | |
| Cirrhosis of liver | | |
| Colitis | | |
| Diverticulitis | | |
| Ulcer | | |
| Enlarged liver | | |
| Abnormal liver tests | | |
| Enlarged spleen | | |
| Gall bladder disease | | |
| Pancreatitis | | |
| Jaundice | | |
| Loss of appetite | | |
| Frequent nausea/vomiting | | |

O. Skin

*Included with your packet is information on UV radiation. Please do your self-skin examination and mark the Body Map provided on page 14 for any skin concerns identified. Bring the map with you to the examination and have the doctor look at the areas you have identified.

| | Yes | No |
|---------------------|------------|-----------|
| Contact dermatitis | | |
| Eczema | | |
| Hives | | |
| Other skin diseases | | |

P. **Blood Systems**

| | Yes | No |
|--|-----|----|
| Anemia | | |
| Blood diseases | | |
| Do you bruise easily? | | |
| Have you ever had a blood transfusion? | | |
| Hemophilia | | |

Q. **Please indicate if you participate in the following activities:**

| | Yes | No |
|-------------------------------|-----|----|
| Gardening | | |
| Stained glass work | | |
| Silk screening | | |
| Paint removal | | |
| Model plane/car building | | |
| Pottery/ceramics | | |
| Melting metal for any purpose | | |
| Volunteer fire fighting | | |
| Woodworking | | |
| Jewelry making | | |
| Mimeographing | | |
| House painting | | |
| Furniture refinishing | | |
| Indoor fire range practice | | |
| Cutting wood with a chainsaw | | |
| Drag or auto racing | | |
| Hunting | | |
| Listening to loud music | | |
| Operating farm machinery | | |
| Operating home power tools | | |
| Operating motorboats | | |
| Operating motorcycles | | |
| Playing in a band | | |
| Private flying | | |
| Scuba diving | | |
| Skeet or target shooting | | |
| Sky diving | | |

Please indicate any other hobby to which you devote a considerable amount of time.

Please sign here to verify this is your history: _____

Examining Doctor please initial here to verify that you have reviewed this. _____

Refer to the UV Radiation information sheet provided in your medical packet and the attached sheet on how to do self-examination of your skin.

ON THE BODY MAP BELOW, PLEASE MARK LOCATIONS WHERE YOU NOTICE ANY MOLES OR LESIONS YOU WANT THE DOCTOR TO LOOK AT DURING YOUR EXAM. IF YOU HAVE IDENTIFIED AREAS OF CONCERN, BE SURE TO ASK THE DOCTOR TO REVIEW THESE DURING YOUR EXAMINATION

Record Your Spots

Make notes of your spots on the images below

