



## *Don't forget about Skin exams!* BTMed participants should receive a skin evaluation

**W**hy is a skin evaluation important for a construction worker? Construction workers are at a high risk for skin cancer due to sun and radiation exposure. In addition, the skin examination is important because dermal contact with beryllium dust is a significant source of exposure for construction workers, and we know that dermal exposure to cement can result in chronic skin disease.



*Dermatitis, also known as Contact Dermatitis, can cause skin conditions that should not be ignored.*

## Meet BTMed's Medical Review Program Manager Kim Cranford, RN



*Kim Cranford greets Jerry Tobin, IBEW LU 112, before his CT Scan.*

I've lived in Knoxville my whole life, and have had two immediate family members work construction jobs for DOE at Oak Ridge, so I am no stranger to the hazards that the workers in our population face.

I started to work for BTMed in November of 1998 part time while also working at Baptist Hospital of East Tennessee and Parkwest Medical Center. Even after going full time with BTMed, it took me a while to leave the hospitals as I really enjoyed working directly with the patients and seeing how care was delivered for those with a wide range of health issues. I feel this allowed me to expand my experience and knowledge, which has helped me grow alongside the BTMed program.

I love my job with BTMed, and value the opportunity to talk with workers and review their medical results with them. BTMed's Early Lung Cancer Detection Program (ELCD) has been especially rewarding to be a part of. While only being around for a handful of

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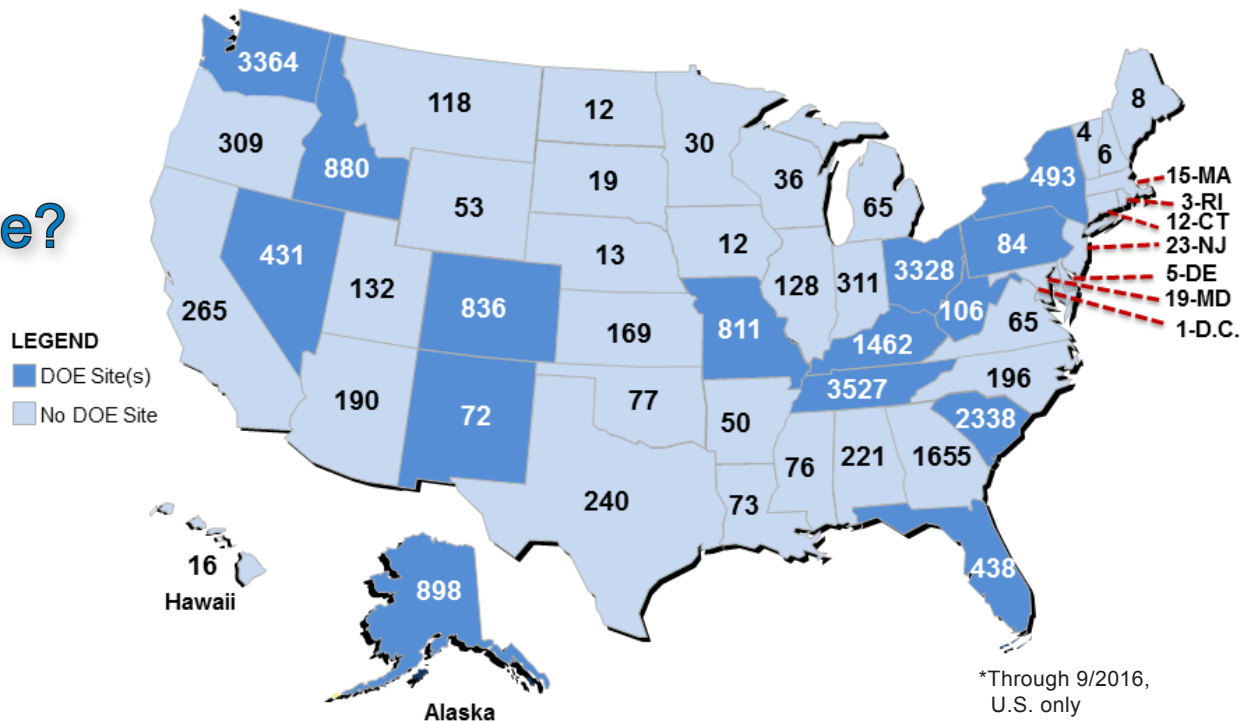
### NEW PUBLICATION:

#### **"Impact of Secondary Prevention in an Occupational High-Risk Group"**

**An analysis of BTMed's data shows that workers who returned for a re-screen improved in multiple health measures.**

[\*\*Read the full study here!\*\*](#)

# Where do BTMed workers live?



## Cranford, cont'd

years, BTMed's CT Scans have already found 29 lung cancers. The majority of those were discovered very early (stage 1) so the prognosis for these are excellent. The CT Scans are able to find cancers and other medical conditions that would otherwise go unnoticed and would likely have resulted in a very different outcome if left untreated. BTMed currently offers CT Scans in four states and hopes to expand to other sites in the future.

When workers express their appreciation for the program and say that the program likely saved their lives, that makes working here so rewarding. It feels like almost every day we get a call from a worker

"I love my job with BTMed."

-Kim Cranford, RN

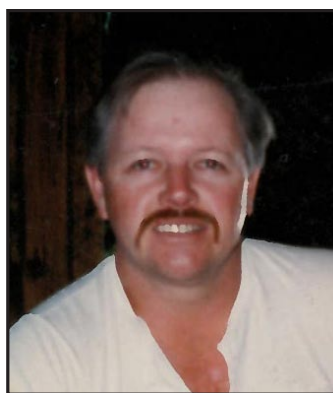
talking about how thankful they are for the program, how they are certain they would never have found their illness otherwise, and how these screenings are needed for diseases where symptoms are delayed or hard to notice. It's even better when the program discovers something like high blood pressure or a cardiovascular issue, and then when the worker returns for a re-screen three years later, these conditions have improved as they are receiving treatment for those conditions or have made behavioral changes that reflect positively in their screening.

*If you have questions about BTMed, you can call Kim at 1-866-464-0009.*

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"This program with the Building Trades is a very good thing... I credit it with me living today."

Leonard Hooks  
Ironworkers Local 384  
Oak Ridge, TN  
BTMed Participant