BTMED news

SUPPORTED BY NORTH AMERICA'S BUILDING TRADES UNIONS • COORDINATED BY CPWR - THE CENTER FOR CONSTRUCTION RESEARCH & TRAINING

Volume 18, Issue 1 Winter 2023 www.btmed.org

Knock Out a New Year's Resolution

Schedule Your BTMed Rescreen Exam Today!

When was the last time you had your BTMed exam? If it's been more than 3 years, call us TODAY to schedule your appointment. If you don't know when your last BTMed exam was, give us a call at 1-800-866-9663 or email btmed@btmed.org - we'll let you know!

Why should I get screened every 3 years?

- **Health Conditions Can Change.** Participants are eligible for a rescreen exam every 3 years, and in that time, health conditions can change. Many times, health conditions that are a result of past exposures take time to develop. That's why it's necessary to continue monitoring your health by getting your rescreen exam.

- **Create a Consistent Record.** When you return every 3 years for an exam, it provides consistent record of your results from previous examinations. This way, changes in your health condition can be compared over time.

- **Other Health Conditions Can Develop.** While you may have a health condition that has been diagnosed, it is important to continue getting examined for other conditions that may also develop.

"I received an exam because I thought I'd been exposed to hazards on the work site at Portsmouth. But it sometimes takes a while for health problems to show up so I'm going to follow the BTMed program until the time I can get checked again."

- Travis Prater, Former Portsmouth GDP Worker, UA Local 577

Let's Text!

One of the easiest ways to keep up on your health is to receive text messages about:

- **Exam Appointment Reminders**
- **CT Scan Appointment Reminders**
- **Re-Screening Eligiblity Notifications**
- **Work History Interview Appointment Reminder**

If you would like to receive these text messages from us please let us know.

Call 1-800-866-9663
or
Email btmed@btmed.org

Make Your Health a Priority in 2023!

Building Trades National
Medical Screening Program
c/o CPWR - The Center for Construction
Research and Training
8484 Georgia Ave, Suite 1000
Silver Spring, MD 20910

Nonprofit
Organization
U.S. Postage
PAID
Washington, DC
Permit No. 5968

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This publication was produced by CPWR through funding from the Department of Energy (DE-FC01-06EH06004). The information provided here is solely the responsibility of the authors and does not necessarily represent the official views of DOE.

Have You Moved?

Then We May Have a New Clinic for You!

BTMed has over 225 clinics nationwide.
If you moved, let us know—we may have a clinic near your new home that can provide you with your BTMed exam.

Give us a call at 1-800-866-9663 or email btmed@btmed.org

WORD-OF-MOUTH WORKS!

Have you told your co-workers about BTMed? If not, make sure they give us a call!

Many BTMed participants have learned about the program from their co-workers. If you haven't talked about BTMed with your co-workers, send them a message or give them a call. Make sure they know about the free medical screening exam that they may be eligible for and that — like you — they can receive a re-screening every 3 years after their initial exam.

Hanford Worker: 'BTMed Rescreen Saved My Nose'

"Who's to say that if the doctor hadn't caught those precancerous spots that I wouldn't have lost my nose—or even the whole side of my face," said Eugene Clampitt, referring to the BTMed rescreen in which the doctor examining him noticed two precancerous spots. One was on his nose, the other on his eyelid.

This prompted the doctor to refer him to a specialist to have the spots further evaluated, which led to freezing them off. "If I hadn't gotten that done," Clampitt said, "they would've turned from precancerous to cancerous. And the doctor caught it before that could happen."

It was two decades ago that a foreman approached Clampitt, a member of Laborers Local 348, about doing some particularly dangerous and dirty work on the Hanford site. The work involved removing asbestos and insulation from piping deep within Hanford's cooling towers. "Hazardous waste removal was my primary job," said Clampitt.

When Clampitt had finished this work and found out about the BTMed program, he was sure to take advantage not only of the initial screening but also the future rescreens. "To me, even if I worked at Hanford for one day, I'd take the time to get the screenings," Clampitt said. "It's something that's fully paid for, and it gives you a paper trail of documentation that's priceless."

Today, Clampitt continues to keep up with his health, going in every three years for his rescreen. After all, he says, monitoring your health is about more than one person. "It's for your family and the ones you love," he said, "not just you."